

Stretch-N-Grow

The Fabulously Fun Fitness Program

Fall 2017 Session

We are now accepting registration for the Fall Stretch-N-Grow session. New students are welcome! This fun and lively after school program is available to both boys and girls, and teaches basic fitness and nutrition through stories, games and exercise. A percentage of the money made by the program will be donated to Hope PDO and Preschool.

Stretch-N-Grow classes will be offered both Mondays and Tuesdays. After the school day ending at 1:00, the HOPE staff will escort the Stretch-N-Grow **Preschool** children to 'Friendship Hall' for their class. The **Pre-K** children will be escorted to one of the preschool classrooms and supervised by a member of our staff until 1:30, when their class begins. Please be on time to pick up your child, as there is NO supervision for either age group after Stretch-N-Grow. The Preschool session ends at 1:30 and the Pre-K session ends at 2:00.

REGISTRATION: The attached registration form may be returned to the Stretch-N-Grow folder in the Hope PDO office. Please note that registration is taken on a 'first come first served' basis and payment in full is mandatory to secure your spot. Children enrolled in Hope PDO's Happy Hedgehogs class may not enroll; no exceptions will be made.

SCHEDULE: The first days of Stretch-N-Grow will be Monday, September 11th and Tuesday, September 12th. Classes will NOT be held during the week of Fall break. The last days of classes will be on December 4th and December 5th.

There will be one class per week. There are no 'make-ups' if your child is absent and misses a class. Please note that classes will be offered as listed below, but should a class not fill, families will be notified and asked to move to a different day/time.

Monday or Tuesday

Preschool 1:00-1:30

Pre-K 1:30-2:00

COST: The cost of the class is **\$96** (preschool session) **\$120** (pre-k session) due at registration.

ATTIRE: Please dress children in comfortable clothes and sneakers on Stretch-N-Grow days. Children will not be changing before class.

MAKE-UP CLASSES: Should a class be cancelled due to school closure, it will NOT be rescheduled. Should a class have to be cancelled by the instructor, the instructor will re-schedule. In either case, arrangements will be made and parents will be notified.

Please call Courtney Taylor in the Hope PDO office at (303) 741-1073 if you have any further questions.

PLEASE MAKE CHECKS PAYABLE TO: *Courtney Taylor*

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Fall 2017 Registration Form

Child 1:	Child 2:
Name:	Name:
Date of Birth:	Date of Birth:
Teacher:	Teacher:
Class Day: <i>Monday Tuesday</i>	Class Day: <i>Monday Tuesday</i>
Class Time: <i>Preschool Pre-K</i> <i>1:00-1:30 1:30-2:00</i>	Class Time: <i>Preschool Pre-K</i> <i>1:00-1:30 1:30-2:00</i>

<p>Monday Dates: September 11, 18, 25, October 2, 9, 16, 30, November 6, 13, 20, 27, December 4</p> <p>Tuesday Dates: September 12, 19, 26, October 3, 10, 17, 31, November 7, 14, 21, 28, December 5</p>

Parent's Information:

Name: _____ **Email:** _____

Home Phone: _____ **Cell Phone:** _____

Emergency Contact during Stretch-N-Grow class (OR circle one above):

Name: _____ **Phone:** _____

Please include a check (Preschool \$96 or Pre-K \$120) made payable to *Courtney Taylor*.