**Stretch-N-Grow**

**The Fabulously Fun Fitness Program**

**Spring Session 2017**

We are now accepting registration for the Spring Stretch-N-Grow session. New students are welcome! This fun and lively after school program is available to both boys and girls, and teaches basic fitness and nutrition through stories, games and exercise. A percentage of the money made will be donated to Hope PDO and Preschool.

Stretch-N-Grow classes will be offered both Mondays and Tuesdays. After the school day ending at 1:30, the HOPE staff will escort the Stretch-N-Grow **Preschool** children to ‘Friendship Hall’ for their class. The **Pre-K** children will be escorted to the ‘Discovery Room’ and be supervised by a member of our staff until 2:00, when their class begins. Please be on time to pick up your child, as there is NO supervision for either age group after Stretch-N-Grow.

**REGISTRATION:** In order to register your child for this program, they must have a birthday of **August 1st, 2014 or earlier**. No exceptions will be made. The attached registration form may be returned to the IN BOX in the Hope PDO office. Please note that registration is taken on a ‘first come first served’ basis and payment in full is mandatory to secure your spot.

**SCHEDULE: The first day of Stretch-N-Grow will be Monday, January 9th and Tuesday, January 10th.** Classes will not be held during the weeks of Martin Luther King Jr. Day, Presidents Day and Spring break. The last day of classes will be on May 8th and May 9th.

There will be one class per week. There are no ‘make-ups’ if your child is absent and misses a class. Please note that classes will be offered as listed below, but should a class not fill, families will be notified and asked to move to a different day/time.

Classes will be held as follows:

|  |
| --- |
| **Monday: Preschool 1:30-2:00 Pre-K 2:00-2:30**January 9, 23, 30, February 6, 13, 27, March 6, 13, 20, April 3, 10, 17, 24, May 1, 8 |
| **Tuesday: Preschool 1:30-2:00 Pre-K 2:00-2:30**January 10, 24, 31, February 7, 14, 28, March 7, 14, 21, April, 4, 11, 18, 25, May 2, 9 |

*Children in the Blue Birds and Pre-K classes may sign up for Pre-K Session*

**COST:** The cost of the class is **$105** ($7/class) for preschool students and **$135** ($9/class) for pre-k students, due at registration.

**ATTIRE:** Please dress children in comfortable clothes and sneakers on Stretch-N-Grow days. Children will not be changing before class.

**MAKE-UP CLASSES:** Should a class be cancelled due to school closure, it will NOT be rescheduled. Should a class have to be cancelled by the instructor, the instructor will re-schedule. In either case, arrangements will be made and parents will be notified.

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**Spring 2017 Registration Form**

**Child 1: Child 2:**

|  |  |
| --- | --- |
| **Name:** | **Name:** |
| **Date of Birth:** | **Date of Birth:** |
| **Teacher:** | **Teacher:** |
| **Class Day:** ***Monday Tuesday*** | **Class Day:** ***Monday Tuesday*** |
| **Class Time:***Preschool Pre-K* *1:30-2:00 2:00-2:30* | **Class Time:***Preschool Pre-K* *1:30-2:00 2:00-2:30* |

**Parent’s Information:**

**Name: Email:**

**Home Phone: Cell Phone:**

**Emergency Contact during Stretch-N-Grow class (OR circle one above):**

**Name: Phone:**

*If your child was enrolled in the fall session, you do need to fill out a NEW REGISTRATION FORM*

**Please include a check (Preschool $105 or Pre-K $135) made payable to *Courtney Taylor*.**

Please call Courtney Taylor in the Hope PDO office at (303) 741-1073 if you have any further questions.